

Week Ten

Elementary /Secondary

August 27 to August 31, 2008

Kung Fu (9-11 pm) **Instructor: Giacomo Forte**

Ages 6 and up
No Lab Fees

Minimum 10 / Maximum 20
Cost: \$50.00

The Indian monk named Bodhidharma Sardili traveled from India to China around 500 BC. It is said that he visited Shaolin monks in the Henan Province. While there, Bodhidharma awed the resident Chinese monks with his mastery of meditation. The secret was physical discipline, which Bodhidharma saw lacking in the monks. He trained them in exercises designed to strengthen the body and thus their endurance. These series of exercises the monks used evolved into kung fu. (Wikipedia online) The Instructor Giacomo was the official translator for the Shaloin monks & he is also skilled in the art of Kung Fu.

Italian Language (1-3 pm) **Instructor: Giacomo Forte**

Ages 6 and up
Lab Fee: \$5.00

Minimum 10 / Maximum 20
Cost: \$50.00

Buon giorno! Have you ever wanted to learn about Italy and the beauty it has to offer? Come spend the week learning the language and culture.



Private tutoring also available in all academic areas, art, and languages.
Please call the school for more information.